



# **Cultural Calendar & Observations**

Ottawa's Equity, Diversity, and Inclusion Resource Hub for Sport

### **Understanding Why**

Having a general understanding of cultural calendars and observations can better assist a community sport organization to plan out its year. Being mindful of all religious celebrations also shows the commitment and celebration of diversity within the organization.

# How It Works:



Certain events listed in the calendar may be observed at varying times in different regions worldwide, such as Mother's Day. The dates provided in this calendar reflect the occasions as celebrated in Canada.

### • Monthly Observances

These are month-long observances, to create awareness of an issue, commemorate a group or event, or celebrate something.

# <sup>2.</sup> Set Dates

These events and observations occur on the same date each year.

# • Moving Dates

These events and observances occur on different dates each year.

### Guide to Islamic Holidays and Notable Dates

The Hijri or Islamic calendar has 354-355 days.

This results in Islamic holidays not consistently falling into any specific date-range in the typical western calendar.

#### Islamic New Year

Start of the new Islamic year. 2024: Friday, July 19th 2025: Monday, July 7th

#### Laylat Al-Qadr

Marks the revelation of the Quran to Muhammad. 2024: Saturday, April 6th 2025: Thursday, March 27th

#### Hajj

One of the pillars of Islam is the Hajj - a pilgrimage to the Kaaba or house of God in Mecca, Saudi Arabia. 2024: June 14th - June 19th 2025: June 4th - June 9th

#### Mawlid An-Nabi

Birthday of the prophet Muhammad.

2024: Friday, September 15th 2025: Monday, September 4th

#### First Day of Ramadan

Ninth month of the Islamic calendar and an especially holy month marked by fasting, prayer and reflection. 2024: Monday, March 11th 2025: Saturday, March 1st

#### Eid al-Fitr

Marks the end of the daylight fasting of Ramadan, often marked with a large feast. 2024: Wednesday, April 10th 2025: Sunday, March 30th

#### Eid al-Adha

Commemorates Abraham's dedication to god and his willingness to sacrifice his son. Because God ordered him to sacrifice a lamb instead, meat is often consumed and shared on this date.

2024: Friday, June 16th

2025: Tuesday, June 6th

### **Guide to Jewish Holidays and Notable Dates**

Begins sunset every Friday Ends nightfall every Saturday. On all **Holy Days**, including the **Sabbath** (Saturdays), **work is forbidden.** Other significant days, may require some slight alteration to a normal work day in order to fully observe the day. For full details, please visit <u>this link</u>.

#### **Cultural Calendar & Observations**

### Judaism

The collective spiritual, cultural, and legal traditions of the Jewish people.

Rosh Hashanah	Sukkot	Simchat Torah	<b>P</b> urim	Shavuot
The Jewish New Year, is one of the most important Jewish Holy Days. 2023/24: Sept 15th - Sept 17th 2024/25: Oct 2nd -Oct 4th	A seven day festival with historical and agricultural significance. No work is permitted on the first two days of Sukkot. 2023/24: Sept 29th - Oct 6th 2024/25: Oct 16th - Oct 23rd	Celebrates the resumption of the annual cycle of readings, no work is permitted. 2024: Oct 7th - Oct 8th 2025: Oct 24th - Oct 25th	Feast of Lots. Purim commemorates the deliverance of the Jews from a planned massacre at a time when Jewish communities were living under Persian rule in 450 BCE. 2023/24: Mar 23rd - Mar 24th 2024/25: Mar 13th - Mar 14th	The Holy Day commemorates the end of the spring harvest when, in biblical times, Jews brought the first fruits to the Temple in Jerusalem. Work is not permitted. 2024: June 11th - June 13th 2025: June 1st - June 3rd
Yom Kippur Marking the end of the 10 days of repentance, this day is observed by twenty-five hou of fasting and prayer. 2023/24: Sept 24th - Sept 25 2024/25: Oct 11th - Oct 12th	no work is permitted. <b>2023/24:</b> Oct 6th - Oct 7 5th <b>2024/25:</b> Oct 23rd - Oct	rah, commemorating th the Maccabees ove th Syrians, Chanukah k	ne victory of er the Hellenist- begins in either mber and lasts is not permitted of two days of Pesao	

2024/25: Dec 25th - Jan 2nd

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2024/25: April 12th - April 20th

## January

### **Set Dates**



Kwanzaa

Weeklong cultural celebration in the US and other countries in the Americas honouring African and African-American/African-Canadian culture. Culminates in a communal feast called Karamu on the sixth day.



#### **New Years Day**

The first day of the new calendar year.



International Holocaust **Remembrance Day** Day acknowledging the victims of the Holocaust.

Recognizes the importance of

the braille language as a means

of communication for blind and

the inventor of Braille.

People with disabilities.

partially sighted people. Set on the

birthday of Louis Braille's birthday -

**Braille Day** 

Affiliation:

#### **Religious Affiliation:** Judaism



Jan

4th

National Day of Remembrance of the Quebec City Mosque Attack and Action Against Islamophobia

#### **Religious Affiliation:** Islam

#### **Cultural Calendar & Observations**

### **Moving Dates**

#### Martin Luther King Jr. Day

Celebrates the life and achievements of American Civil Rights leader Martin Luther King Jr's.

When: Third Monday of January

**Affiliation:** Black Community

Lunar New Year (specific names include Chunjie (China), Losar (Tibet), Têt Nguyên Đán or "Têt" (Vietnamese), Seollal (Korean New Year)

Celebrates the start of the new year according to the lunar calendar. Also observed in Brunei, Cambodia, Indonesia, Malaysia, Myanmar, the Philippines, Singapore, Thailand.

When: First new moon between January 21th and February 20th.

Cultural Affiliation: Chinese, Korean, Vietnamese. East and Southeast Asian

Jan 1st

#### Gatan-Sai

Shinto (Japanese) New Year. **Cultural Affiliation:** Japanese

**Religious Affiliation:** Shintoism

# February

### Set Dates



**Groundhog Day** Folk holiday involve groundhogs predicting weather.



#### World Day of Social Justice

UN proclaimed day promoting social justice and tackling issues like poverty, gender inequality, human rights and other social protections.

Feb 14th

#### Valentine's Day

A romantic holiday celebrating love.

# Feb 17th

Random Acts of Kindness Day

Day encouraging random acts of kindness.

### **Monthly Observances**

Black History Month Honours the history, legacies and communities of Black people.



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# **February**

### **Moving Dates**

#### Maha Shivaratri

Honours the Hindu god Shiva. The festival also marks overcoming darkness and ignorance.

When: Based on the Hindu calendar, typically celebrated in February or March.

**Religious Affiliation:** Hinduism

### vioving Dat

#### Purim

Festival of Lots commemorate the Jewish people being saved from persecution in the ancient Persian empire.

When: Celebrated on the 14th day of the Jewish month of Adar. Primarily falls in March, seldomly in February. Religious Affiliation: Judaism

#### Holi

Hindu festival celebrating love and the triumph of good over evil.

When: Full moon day in the month of Phalguna, primarily in March, very seldolmly in February.

**Religious Affiliation:** Hinduism

#### Lantern Festival, Shangyuan Festival

Final day of Lunar New Years celebrations.

When: 15 days after Lunar New Year, typically in February or early March.

**Cultural Affiliation: Chinese** 

**Lunar New Year** (specific names include Chunjie (China), Losar (Tibet), Têt Nguyên Đán or "Têt" (Vietnamese), Seollal (Korean New Year)

Celebrates the start of the new year according to the lunar calendar. Also observed in Brunei, Cambodia, Indonesia, Malaysia, Myanmar, the Philippines, Singapore, Thailand.

When: First new moon between January 21th and February 20th.

Cultural Affiliation: Chinese, Korean, Vietnamese, East and Southeast Asian

#### Ash Wednesday

The first day of Lent, the six weeks of penitence leading into Easter.

When: 6 weeks before Easter (often in February or early March).

**Religious Affiliation:** Christianity

#### **Family Day**

A Provincial holiday that goes by various names across Canada. Not celebrated in Québec, Newfoundland and Labrador, Yukon, the Northwest Territories and Nunavut.

When: Third Monday of February.

### Anti-bullying day, "Pink Shirt Day"

Encourages wearing pink to symbolize that you oppose bullying. When: Last Wednesday of February.

# March

### **Set Dates**



**Zero Discrimination Day** UN observance promoting equality for all.



### International Women's Day

Celebrates the social, economic, cultural, and political achievements of women.

#### Cultural Affiliation: Women



### St. Patrick's Day

Marks the death of Saint Patrick. an Irish Catholic martyr and the patron saint of Ireland.

**Cultural Affiliation:** Irish

**Religious Affiliation:** Catholicism

# Mar 20th

International Day of the Francophone

Celebrates French language and Francophone Culture.

**Cultural Affiliation:** Francophone

Mar 20th

#### International Day of Happiness

UN Observation encouraging people to realize the importance of happiness within their lives.

#### International Day for the **Elimination of Racial Discrimination** Mar 21st

Commemorates the damaging impacts of racial injustice and discrimination and encourages working towards a racism-free future.

#### International Transgender Day of Visibility Mar 31st

Celebrates transgender people and raises awareness of the stigma and discrimination they face.

Affiliation: 2SLGBTQIA+

#### **Cultural Calendar & Observations**

### **Monthly Observances**

Women's **History Month** (International)

Celebrates the achivements and contributions of women, past and present.



## March

**Purim** 

Festival of Lots commemorate the Jewish people being saved from persecution in the ancient Persian empire.

When: Celebrated on the 14th day of the Jewish month of Adar. Primarily falls in March, seldomly in February

**Religious Affiliation:** Judaism

#### Holi

Hindu festival celebrating love and the triumph of good over evil.

When: Full moon day in the month of Phalguna, primarily in March, very seldolmly in February.

Religious Affiliation:

Hinduism

#### Mardi Gras

**Moving Dates** 

The day before Lent traditionally a day of feasting in preparation for the Lent period, in which participants frequently give up meat and/or dairy.

When: 6 weeks and 1 day before Easter (often in February or early March).

**Religious Affiliation:** Christianity

#### Ash Wednesday

The first day of Lent, the six weeks of penitence leading into Easter

When: 6 weeks before Easter (often in February or early March).

**Religious Affiliation:** Christianity

#### **Easter Weekend** (Maudy Thursday, Good Friday, Holy Saturday, Easter Sunday)

Commemorates the death and resurrection of Jesus Christ

When: First Sunday after the first full moon of Spring (after the Spring equinox). Falls between March 22nd (earliest) and April 25th (latest).

Religious Affiliation: Christianity

#### Passover

Week-long Jewish holiday celebrating the Jewish people's escape from slavery in Egypt.

When: 15th day of the Jewish month of Nisan, primarily falling in March of April.

**Religious Affiliation:** Judaism

#### Earth Hour

Day encouraging people/ communities/businesses to turn off non-essential lights for an hour (8:30-9:30PM).

When: Last Saturday of March.

#### First Day of Ramadan

Ninth month of the Islamic calendar and an especially holy month marked by fasting, prayer and reflection.

2024: Monday, March 11th 2025: Saturday, March 1st Religious Affiliation: Islam

#### Laylat Al-Qadr

Marks the revelation of the Quran to Muhammad.

2024: Saturday, April 06th2025: Thursday, March 27thReligious Affiliation: Islam

### Eid Al-Fitr

Marks the end of the daylight fasting of Ramadan, often marked with a large feast.

2024: Wednesday, April 10th 2025: Sunday, March 30th Religious Affiliation: Islam

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#### Cultural Calendar & Observations

# April

### **Set Dates**



World Autism Awareness Day

UN observation to raise awareness of Autism.

#### Affiliation:

People with Disabilities

Note: some autism advocates prefer the name "Autism Acceptance Day" as an alternative because it more actively promotes overcoming the prejudices faced by people with autism.



#### World Health Day

World Health Organization sponsored day for promoting global health awareness - each year's WHD is organized around a theme.

### **Monthly Observances**

World Autism Month

United Nations observation encouraging member states to raise awareness of autistic people throughout the world.

Sikh Heritage Month Celebrates Sikh culture and contributions to Canada.

Genocide Remembrance, Condemnation and Prevention Month Honours victims of genocide and reflects on root causes of the these tragedies in order to prevent future atrocities.



### Earth Day



Demonstrates support for environmental protections.

# April

### **Moving Dates**

#### Shavuot

Festival of Lots commemorate the Jewish people being saved from persecution in the ancient Persian empire. Work is not permitted.

When: Celebrated on the 14th day of the Jewish month of Adar. Primarily falls in March, seldomly in February

**Religious Affiliation:** Judaism

### First day of Ridván

The 12-day festival of Riḍván is the holiest of Bahá'í festivals. It commemorates the 12 days that the religion's founder, Baha'u'llah, spent in the Garden of Ridvan. When: April 20th or 21st. Religious Affiliation: Bahá'í

#### Vaisakhi

Punjab festival marking the spring harvest and the start of the solar new year.
When: April 13th or April 14th.
Cultural Affiliation: Punjab, Northern India

**Religious Affiliation:** Sikhism

#### **Easter Weekend**

(Maudy Thursday, Good Friday, Holy Saturday, Easter Sunday)

# Commemorates the death and resurrection of Jesus Christ

When: First Sunday after the first full moon of Spring (after the Spring equinox). Falls between March 22nd (earliest) and April 25th (latest).

**Religious Affiliation:** Christianity

#### **Passover or Pesach**

Week-long Jewish holiday celebrating the Jewish people's escape from slavery in Egypt.

When: 15th day of the Jewish month of Nisan, primarily falling in March of April.

**Religious Affiliation:** Judaism

#### Laylat Al-Qadr

Marks the revelation of the Quran to Muhammad.

2024: Saturday, April 6th 2025: Thursday, March 27th

Religious Affiliation: Islam

### **Eid Al-Fitr**

Marks the end of the daylight fasting of Ramadan, often marked with a large feast.

2024: Wednesday, April 10th 2025: Sunday, March 30th Religious Affiliation: Islam

#### Vesak

The holiest festival in Buddhism, this dates marks the birth of Guatama Buddha. In South Asia and Southeast Asia, it also marks the enlightenment and death of Buddha.

When: Lands on the full moon of the lunar month of Vesakha. Typically falls in April, May or June. Religious Affiliation: Buddhism

#### **Cultural Calendar & Observations**

# May

### **Set Dates**



#### **International Day of Families**

United Nations observation. This day provides an opportunity to promote awareness of issues relating to families and to increase the knowledge of the social, economic and demographic processes affecting families.



#### International Day of Living Together in Peace

United Nations observation intended to mobilize the efforts of the international community to promote peace, tolerance, inclusion, understanding and solidarity.



International Day Against Homophobia, Transphobia and Biphobia

Raises awareness of 2SLGBTQIA+ rights worldwide.

Affiliation: 2SLGBTQIA+

### **Monthly Observances**

Asian Heritage Month

### Jewish History Month

Recognizes the important contributions that Jewish Canadians have made to Canada's social, economic, political and cultural fabric.

Celebrates the achievements

Canadians of Asian heritage.

and contributions of

### Speech & Hearing Month

Each May, this annual event provides an opportunity to raise awareness about hearing and speech problems, and to encourage people to think about their own hearing and get their hearing checked.



# May

### **Moving Dates**

#### Purim

The Holy Day commemorates the end of the spring harvest when, in biblical times, Jews brought the first fruits to the Temple in Jerusalem. Work is not permitted. When: Falls of the 6th to 7th day of Sivan, typically falls in May or June.

#### Ascension of Baha'u'llah

Marks the death of the Bahá'í founder-prophet Baha'u'llah. Religious Affiliation: Bahá'í

#### Victoria Day

Originally in honour of Queen Victoria, this celebrates the reining sovereign's birthday within Canada.

When: Last Monday of May.

#### National AccessAbility Week

Celebrates Canadians with disabilities, highlights the work towards removing barriers that people with disabilities often face, and reflects on ongoing efforts towards a more inclusive Canada.

When: Typically held the last week of May starting on the Sunday - can run into June.

#### Affiliation:

People with disabilities

#### Vesak

The holiest festival in Buddhism, this dates marks the birth of Guatama Buddha. In South Asia and Southeast Asia, it also marks the enlightenment and death of Buddha.

When: Lands on the full moon of the lunar month of Vesakha. Typically falls in April, May or June.

**Religious Affiliation:** Buddhism

#### CMHA Mental Health Week

**Religious Affiliation:** Judaism

Celebrates, promotes and protects mental health in schools, communities, and workplaces in Canada.

When: The first week of May, starting on the Monday.

#### Global Accessibility Awareness Day

Promotes digital access and inclusion for people with disabilities. When: Third Thursday of May. Affiliation: People with disabilities

### Mother's Day

Celebrates mothers and honours their role in families and society.

When: Second Sunday of May.

### June

### **Set Dates**



#### Juneteenth

June 19th marks the end of slavery in the United States. In Canada, it unofficially celebrates Black Canadians diverse cultures, achievements and communities.

Affiliation: Black Community



### World Refugee Day

UN Observation honouring refugees around the world.



#### National Indigenous People's Day

Day recognizing the unique heritage and diverse cultures of Indigenous Peoples.

Affiliation: Indigenous



#### National Indigenous History Day

Honours and celebrates Indigenous communities, cultures, history and achievements of the First Nations, Metis and Inuit peoples.



June

27th

#### Saint-Jean-Baptiste Day

Also known as the Fête nationale du Québec, Saint-Jean-Baptiste Day is a cultural holiday celebrated in Quebec on June 24th each year. It honors the nativity of Saint John the Baptist and serves as a symbol of French Canadian heritage. The day is also a statutory holiday in Québec.

#### Canadian Multiculturalism Day

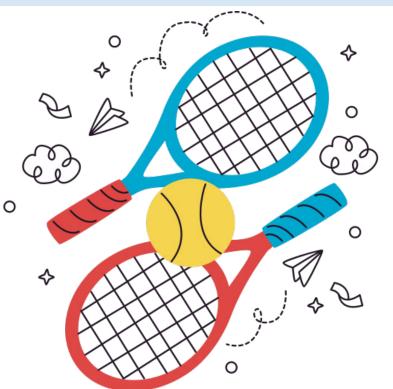
Acknowledges the contributions of the many diverse communities who make Canada their home.

### **Monthly Observances**

# Pride Month

Chosen to mark the anniversary of the Stonewall Riots, a spontaneous protest by the queer community of New York that is considered a foundational moment in 2SLGBTQIA+ rights. On the anniversary of the

protests, gay pride parades were held, starting a tradition of observing June as Pride month. Pride celebrates the queer community and promotes 2SLGBTQIA+ rights.



Affiliation: Indigenous

#### **Cultural Calendar & Observations**

### June

### **Moving Dates**

#### Father's Day

Honours fatherhood and the influence of fathers in society. When: Third Sunday in June.

#### Hajj

One of the pillars of Islam is the Hajj - a pilgrimage to the Kaaba or house of God in Mecca, Saudi Arabia.

2024: June 14th - June 19th 2025: June 4th - June 9th Religious Affiliation: Islam

#### Eid al-Adha

Commemorates Abraham's dedication to god and his willingness to sacrifice his son. Because God ordered him to sacrifice a lamb instead, meat is often consumed and shared on this date.

2024: Friday, June 16th 2025: Tuesday, June 6th

**Religious Affiliation:** Islam

#### Vesak

The holiest festival in Buddhism, this dates marks the birth of Guatama Buddha. In South Asia and Southeast Asia, it also marks the enlightenment and death of Buddha.

When: Lands on the full moon of the lunar month of Vesakha. Typically falls in April, May or June. Religious Affiliation: Buddhism

#### Shavuot

Festival of Lots commemorate the Jewish people being saved from persecution in the ancient Persian empire.

When: Celebrated on the 14th day of the Jewish month of Adar. Primarily falls in March, seldomly in February

**Religious Affiliation:** Judaism

# July

### **Set Dates**

### Canada Day



Anniversary of Canada's confederation in 1867 when Nova Scotia, New Brunswick, Ontario and Quebec were joined into the dominion of Canada.

**Note:** this day is not celebrated in Quebec (which celebrates St. Jean Baptiste day instead). It is also a holiday with a complicated legacy and impact for many Indigenous communities.



#### **International Non-Binary** People's Day

Raises awareness of the issues facing non-binary people around the world.

Affiliation: 2SLGBTQIA+

# July 30th

#### International Day of Friendship

The International Day of Friendship was proclaimed in 2011 by the UN General Assembly with the idea that friendship between peoples, countries, cultures and individuals can inspire peace efforts and build bridges between communities.

### **Moving Dates**

#### **Non-Binary Awareness Week**

Raises awareness of the issues facing non-binary people around the world.

When: Starts on the Monday preceding July 14th (Non-Binary People's Day).

Affiliation: 2SLGBTQIA+

### **Islamic New Year**

Start of the new Islamic year. 2024: Friday, July 19th 2025: Monday, July 7th **Religious Affiliation:** Islam

#### **Cultural Calendar & Observations**

### **Monthly Observances**

# Disability

Promotes empowerment and visibility of people with disabilities encouraging respect for their Pride Month identities, cultures, legacies and contributions. A month of advocacy for people living with disabilities and

acknowledgement of the continued barriers many face. The month is officially recognized in the USA but not by the Canadian Government - but it is informally practiced by many members of the community and/or organizations serving people with disabilities.



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#### Cultural Calendar & Observations

## August

### **Set Dates**



#### Emancipation Day

Marks the abolishment of slavery in the commonwealth in 1834. Affiliation: Black community



#### International Day of World Indigenous People's

United Nations Observation for the promotion and protection of Indigenous communities and people around the world, recognizing their achievements, contributions, histories and cultures.

Affiliation: Indigenous



#### International Youth Day

A day for uplifting young people's voices and engaging with youth in meaningful and equitable ways.



World Humanitarian Day

Celebrates people helping people.

### **Moving Dates**

#### Krishna Janmashtami

Marks the birth of the god Krishna.

When: Typically falls in August or September.

**Religious Affiliation**: Hinduism

#### Ganesh Chaturthi, Vinayaka Chaturthi, Vinayaka Chavithi

10 day festival honouring the god Ganesha, the god of beginnings, wisdom, arts and sciences.

When: Typically falls in August or September.

**Religious Affiliation**: Hinduism

#### **Civic Holiday**

The Civic Holiday is celebrated on the first Monday of August It is known by many names in different provinces and municipalities but generally, it celebrates local heritage and history. Not celebrated in Québec.



### September

### Set Dates



International Literacy Day

United Nations observation emphasizing the importance of literacy.



International Day of Peace United Nations observation

dedicated to world peace.



#### International Day of Sign Languages

United Nations observation raising awareness of sign languages and strengthening their status.

Affiliation: People with Disabilities

# Sept 30th

#### National Day for Truth and Reconciliation, Orange Shirt Day

This day remembers the impacts of residential schools on Indigenous students, their families and communities. It also affirms commitment to the path of reconciliation and building good relations. People are encouraged to wear orange shirts.

Affiliation: Indigenous



# September

### **Moving Dates**

#### Rosh Hashana

Jewish New Year and the beginning of a 10 day period of penitence leading into Yom Kippur and the religious festivals of Sukkot and Shemini Atzeret.

When: First day of Tishrei, the first month of the Hebrew Calendar. Earliest possible day is September 5th, latest possible date is October 5th.

Religious Affiliation: Judaism

#### Sukkott

A seven day festival with historical and agricultural significance. No work is permitted on the first two days of Sukkot.

When: 15th day of Tishrei.

**Religious Affiliation:** Judaism

#### Gender Equality Week

This week advocates for breaking down barriers experienced by women and girls. Each year's week is themed. When: Fourth week of September. Cultural Affiliation: Women and girls

#### International Week of the Deaf

Celebrates deaf people around the world - founded by the World Federation for the Deaf. It promotes the human rights of Deaf people, raises awareness of deafness, and creates a forum for unity among the Deaf community.

When: Last full week of September.

#### Yom Kippur

The holiest day in Judaism - a day for atonement and repentance. The typical greeting on Yom Kippur is G'mar chatima tova.

When: 10th day of the month of Tishrei.

**Religious Affiliation:** Judaism

#### Shemini Atzeret & Simchat Torah

Marks the completion of the annual reading of the Torah, no work is permitted.

Celebrates the resumption of the annual cycle of readings, no work is permitted.

When: 22nd and 23rd of Tishrei. Religious Affiliation: Judaism

#### Mawlid An-Nabi

Birthday of the prophet Muhammad. 2024: Friday, September 15th 2025: Monday, September 4th Religious Affiliation: Islam

#### Labour Day

Celebrates workers and advocates for workers rights.

When: First Monday of September.

# October

### Set Dates



#### International Day of Older Persons

United Nations observation celebrating and thanking older adults for their role in their communities. It also raises awareness of issues facing the health and well-being of older adults.



Oct

10th

#### National Day of Action for Missing and Murdered Indigenous Women and Girls

Honours and remembers the lives and legacies of survivors and victims impacted by the violence towards Indigenous women and girls. This is a day for advocacy, support and remembrance.

Affiliation: Indigenous

#### World Mental Health Day

United Nations observation raising awareness of mental health issues worldwide and mobilize efforts to support mental health. The Day provides an opportunity for all stakeholders working on mental health issues to talk about their work, and what more needs to be done to make mental health care a reality for people worldwide.



#### Coming Out Day

Annual 2SLGBTQIA+ awareness day intended to support anyone who is "coming out" to their friends, families, and peers and living their sexual orientation openly.

#### Affiliation: 2SLGBTQIA+



### International Day of the Girl Child

Celebrates the power and voices of girls, championing their rights worldwide and reflecting on the challenges they face due to their gender.

#### Cultural Affiliation:

Women and Girls

### **Monthly Observances**

Disability Employment Awareness Month

Latin

American

Heritage

Month

Increases awareness of the positive outcomes of hiring persons with disabilities. Highlights the positive contributions of employees with disabilities within workplaces.

Celebrate the heritage, cultures and achievements of Latin American and Hispanic communities.

Women's History Month (Canada) Opportunity to learn about the contributions of women and girls. Most of the world observes this month in March, however Canada selected October because it marks the anniversary

of the Persons Case, which granted women the same political powers and rights as men.

### Month this mon (Canada) Canada s because

# October

### Moving Dates

#### Rosh Hashana

Jewish New Year and the beginning of a 10 day period of penitence leading into Yom Kippur and the religious festivals of Sukkot and Shemini Atzeret.

When: First day of Tishrei, the first month of the Hebrew Calendar. Earliest possible day is September 5th, latest possible date is October 5th.

**Religious Affiliation:** Judaism

### Sukkott

A seven day festival with historical and agricultural significance. No work is permitted on the first two days of Sukkot.

When: 15th day of Tishrei.

**Religious Affiliation:** Judaism

#### Thanksgiving

A harvest and thanksgiving holiday. Participants typically gather with friends and family to share a meals and express gratitude. The United States observes this day as Columbus Day in some states and Indigenous People's Day in others. Note: this holiday can have complicated meaning for some Indigenous peoples and communities, owing to its associations to colonialism.

When: Second Monday of October.

#### Chuseok

A mid-autumn festival to celebrate the harvest, visit with family and pay respect to one's ancestors.

When: Held on the 15th day of the 8th month of the luni-solar celandar. Often on the autumn equinox, typically in September or October. Cultural Affiliation: Korean

#### Mid-Autumn Festival, Moon festival, Mooncake Festival

**Cultural Calendar & Observations** 

One of the most popular Chinese holidays - a harvest and thanksgiving celebration. Observers often gather with friends and family, eat mooncakes, light lanterns, and more.

When: Held on the 15th day of the 8th month of the Chinese Iunisolar calendar. Typically falls in mid-September to early October.

Cultural Affiliation: Chinese

#### Diwali, Festival of Lights

Post-harvest festival symbolizing the victory of light over darkness, good over evil and knowledge over ignorance.

When: Typically falls between mid-October and mid-November.

Cultural Affiliation: Indian

**Religious Affiliation**: Hinduism, Buddhism, Sikhism, Jainism

#### Yom Kippur

The holiest day in Judaism - a day for atonement and repentance. The typical greeting on Yom Kippur is G'mar chatima tova.

When: 10th day of the month of Tishrei.

**Religious Affiliation:** Judaism

#### Shemini Atzeret & Simchat Torah

Marks the completion of the annual reading of the Torah, no work is permitted.

Celebrates the resumption of the annual cycle of readings, no work is permitted.

When: 22nd and 23rd of Tishrei. Religious Affiliation: Judaism

### November

### Set Dates



### National Indigenous Veterans' Day

Honours Indigenous veterans who have served Canada during times of conflict and peace.

#### Affiliation:

Indigenous



#### Remembrance Day

Memorial day honour armed forces who died in the line of duty. Date was selected because November 11th and 11:00AM marked the end of the first World War.



#### International Men's Day

Raises global awareness of issues facing men including abuse, homelessness, suicide and violence.



### **Moving Dates**

#### Chanukah

An 8-day Jewish festival celebrating the rededication of the Holy Temple and the miracle of the lights. It is marked with the lighting of eight candles over eight successive days.

When: 8 day festival, typically falling in late November through mid December. Religious Affiliation: Judaism

### Monthly Observances

Hindu Heritage Month Celebrates Canadians of Hindu heritage and their many successes, contributions, cultures and identities.



Nov

13th-19th

#### Trans Day of Remembrance

Affiliation: 2SLGBTQIA+

**Transgender Awareness Week** 

Week-long lead-in to Trans Day of

Remembrance. Raises the visibility of

the issues facing trans communities.

Memorializes trans people who were murdered as a result of transphobia. This date also raises awareness of the consistent and continued threats to the trans communities' safety and rights. Affiliation: 2SLGBTQIA+

### December

### Set Dates



International Day for the Abolition of Slavery

United Nations observation to raise awareness of modern slavery.



#### International Day of Persons with Disabilites

United Nations observation promoting understanding of disbailities and mobilizing support for the rights of people with disabilities.



#### Human Rights Day

Honours the adoption of the Universal Declaration of Human Rights (UDHR).

#### Christmas

Dec 25th

Honours the birth of Jesus Christ.

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#### Kwanzaa

Weeklong cultural celebration in the US and other countries in the Americas honouring African and African-American/African-Canadian culture. Culminates in a communal feast called Karamu on the sixth day.

#### New Year's Eve

Marks the final day of the year.

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### **Moving Dates**

#### Chanukah

An 8-day Jewish festival celebrating the rededication of the Holy Temple and the miracle of the lights. It is marked with the lighting of eight candles over eight successive days.

When: 8 day festival, typically falling in late November through mid December. Religious Affiliation: Judaism

### **Monthly Observances**

### Universal Human Rights Month

